

**Linda M. Rio, M. A.**  
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CA License #MFC23156

**Education**

- 1984 M. A. Marriage, Family and Child Counseling  
United States International University, San Diego, California
- 1980 B. A., Behavioral Science  
National University, San Diego, California,  
Magna Cum Laude

**Professional Experience**

- 1987 – 2017 Private Practice, Camarillo, CA.  
Clinical psychotherapy with individuals, couples, families and children
- 2010--2013 Pituitary Network Association, Newbury Park, California: Director of Professional and Public Education  
  
Program administration and development for international non-profit organization dedicated to disseminating information and advocacy for patients, families, medical and mental health professionals about pituitary and other neuroendocrine disorders. Responsible for writing monthly column for program newsletter and other articles for website publications as well as new program development proposals. Development of professional presentations for medical, mental health, community and other audiences. Direct contact with patients and family members as necessary to provide support and resources for proper medical and mental health care.
- 2000-2005 California Lutheran University, Thousand Oaks, California  
  
Graduate School of Psychology: Graduate-level instruction in marital-couple therapy, family therapy, and child psychotherapy theory and practice.
- 2005- *Journal of Marriage and Family Therapy*  
Editorial reviewer, appointed per need position, for professional peer-reviewed journal published by the American Association for Marriage and Family Therapy. Responsible for manuscript review of articles submitted for publication.
- 1992 - 2003 Interface Children, Family Services of Ventura County.

Clinical supervision of intern therapists in Sexual Assault Treatment Program, and Family Guidance Clinic. Group and individual supervision, on-site training, use of video/audio and other training techniques for professional training and development.

1990 - 1991 Victim Awareness Program, Juvenile Restitution Program, Ventura County, CA

Developed and implemented a program for serious juvenile offenders incarcerated in detention facility. Goal of program: education of perpetrators with eventual meeting with their victims in mediation session.

1987 - 1999 Employee Assistance Program (EAP) Procter and Gamble Corporation - Oxnard Facility, Oxnard, CA

Program coordination and EAP consultant. Services provided under contract by Interface Children, Family Services of Ventura County. On and off-site counseling, crisis/critical incident services, staff training, management consultation/intervention.

### **Professional Certifications**

Marriage and Family Therapy, Licensed in California since 1987

American Association for Marriage and Family Therapy (AAMFT) Approved Supervisor

Certified Eye Movement Desensitization and Reprocessing (EMDR), Levels I&II

### **Awards/Honors**

2004 Clark Vincent Award

Literary Contribution to the field of Marriage and Family Therapy  
Presented by: The California Association for Marriage and Family Therapy (CAMFT)

1995 Ventura Chapter CAMFT "Outstanding Chapter Leader of the Year"

### **Publications**

Rio, L. (2018). What about the children?  
<https://www.pituitaryworldnews.org/what-about-the-children/> (retrieved July 2, 2018). Pituitary World News.

Rio, L. (2018). Tipping the point. <https://www.pituitaryworldnews.org/tipping-the-point/> (retrieved June 13, 2018). Pituitary World News.

Rio, L. (2018). May is mental health awareness month. <https://www.pituitaryworldnews.org/may-is-mental-health-awareness-month/> (retrieved May 4, 2018). Pituitary World News.

Rio, L. (2018). Everybody needs a pat on the back once in a while. <http://www.pituitaryworldnews.org/everyone-needs-a-pat-on-the-back-once-in-a-while/> (retrieved March 25, 2018). Pituitary World News.

Rio, L. (2018). The # me too movement and pituitary disorders. <http://www.pituitaryworldnews.org/metoo-movement-pituitary-disorders/> (retrieved February 8, 2018). Pituitary World News.

Rio, L. (2017). Fall musings. <http://www.pituitaryworldnews.org/early-fall-musings/> (retrieved October 12, 2017). Pituitary World News.

Rio, L. (2017). Tragedy all around. <http://www.pituitaryworldnews.org/tragedy-all-around/> (retrieved October 12, 2017). Pituitary World News.

Rio, L. (2017). Trauma and the pituitary. <http://www.pituitaryworldnews.org/trauma-and-the-pituitary/> (retrieved July 10, 2017). Pituitary World News.

Rio, L. (2016). The family system and chronic/severe illness. <http://www.pituitaryworldnews.com/the-family-system-and-chronicsevere-illness/> (retrieved April 27, 2016). Pituitary World News.

Rio, L. (2016). When the medical and mental health worlds collide <http://www.pituitaryworldnews.com/when-the-medical-and-mental-health-worlds-collide> (retrieved March 22, 2016). Pituitary World News.

Rio, L. (2015). Holiday stress and the pituitary. <http://www.pacificneuroscienceinstitute.org/blog/pituitary-tumors-disorders/holiday-success-and-the-pituitary/> (retrieved December 10, 2015). Pituitary World News.

Rio, L. (2015). The real life of a pituitary patient. <http://www.pituitaryworldnews.org/the-real-life-of-a-pituitary-patient/> (retrieved February 9, 2018). Pituitary World News.

Rio, L. (2015). Pituitary disorders and mental health is there a connection? <http://www.pituitaryworldnews.com/pituitary-disorders-and-mental-health-is-there-a-connection/> (retrieved October 24, 2015). Pituitary World News.

Rio, L. (2015). I have a tumor now what? The mental and emotional side of pituitary tumors. <http://www.facebook.com/pituitaryworldnews>. (retrieved March 2, 2015). Pituitary World News.

Kaprelian, J. and Rio, L. (2014). Collaborative triumph, part I. <http://www.cfha.net/blogpost/689173/204323/Collaborative-Triumph-Part-1>

Rio, L., Editor (2014). *The Hormone Factor in Mental Health: Bridging the Mind-body Gap*. London: Jessica Kinsley Publishers.

Laws, E.R., Ezzat, S., Asa, S.L., Rio, L.M., Michel, L., & Knutzen, R. (2013). *Pituitary disorders: Diagnosis and management*. London: Wiley-Blackwell.

Blevins, L.S. & Rio, L. (2014). Introduction. In Rio, L. (Ed.) *The Hormone Factor in Mental Health: Bridging the Mind-body Gap*. London: Jessica Kinsley Publishers

Rio, L. (2014). Patient and family stories. In Rio, L. (Ed.) *The Hormone Factor in Mental Health: Bridging the Mind-body Gap*. London: Jessica Kinsley Publishers.

Rio, L. (2014). Clinical case studies: Endocrine and psychological factors intertwined. In Rio, L. (Ed.) *The Hormone Factor in Mental Health: Bridging the Mind-body Gap*. London: Jessica Kinsley Publishers.

Banker, J.E., Valeras, A.B., & Rio, L. (2014). Hormonal disorders and the therapist: A family systems perspective. In Rio, L. (Ed.) *The Hormone Factor in Mental Health: Bridging the Mind-body Gap*. London: Jessica Kinsley Publishers.

Rodi, I.A., & Rio, L. (2014). Women's hormonal health. In Rio, L. (Ed.) *The Hormone Factor in Mental Health: Bridging the Mind-body Gap*. London: Jessica Kinsley Publishers.

Rio, L. (2014). So where do we go from here? In Rio, L. (Ed.) *The Hormone Factor in Mental Health: Bridging the Mind-body Gap*. London: Jessica Kinsley Publishers.

Rio, L. (2012). A role for non-medical practitioners: Treatment of pituitary and other neuroendocrine disorders. *Case in Point*, vol.10, no 5.

Rio, L. (2011, June). Playing with the dark: Allowing darkness to lead to the light. *CALAPT Today*, vol. 22, 3. Retrieved June 2, 2011 from [http://www.calplaytherapy.org/newsletters/june\\_2011\\_newsletter\\_final.pdf](http://www.calplaytherapy.org/newsletters/june_2011_newsletter_final.pdf).

- Knutzen, R., Rio, L. (2007). Why is something so old still brand new? *The Therapist*, vol.19 (6) 60-62.
- Rio, L. (2007). What do hormones have to do with mental illness? *UPWords*, September-October. Newsletter publication by Ventura County United Parents.
- Knutzen, R., and Rio, L. (2006). Pituitary Disorders: Why so difficult? *US Endocrine Disease* 2006, Touch Briefings, I, 68-70, Retrieved 1-10-2013 from <http://www.touchendocrinology.com/articles/difficulty-pituitary-disorders>
- Rio, L. (2005). Identification and intervention of pituitary and hormonal disturbances: An emerging role for marriage and family therapists. *The Therapist*, vol. 17 (4), 67-71.
- Rio, L.M., Rio, T.M. (2003). *The anorexia diaries: A mother and daughter's triumph over teenage eating disorders*. New York: Rodale.
- Rio, L. (2000). My family as animals: A method to promote inclusion of children in the family therapy process. *Journal of Family Psychotherapy*, 12 (1)75-83.
- Rio, L., St. Amand, B. (2001). A therapeutic model in the treatment of trauma. In B. St.Amand (Ed), *Treatment manual for sexual trauma* (pp. II 1-24). Camarillo, CA: Interface, Children & Family Services.
- Rio, L. (2001). Child and adolescent victims. In B. ST. Amand (Ed), *Treatment manual for sexual trauma* (pp. III-1-20). Camarillo, CA: Interface, Children & Family Services.
- Rio, L. (2001). Assessment and diagnosis of sexual trauma-based disorders. In B. St. Amand (Ed), *Treatment manual for sexual trauma* (pp. II B-1-7). Camarillo, CA: Interface, Children & Family Services.
- Rio, L. (2001). Sexual harassment. In B. St. Amand (Ed), *A manual for the treatment of sexual assault and abuse* (pp. 1-10). Camarillo, CA: Interface, Children & Family Services.
- Rio, L., and Fertitta, J. (Ed). (1986). *Child abuse intervention and prevention: Manual for providers*. Camarillo, CA: Interface, Children & Family Services.

## **Public Appearances**

### **Television/Radio/Internet**

Coping with the Ups and Downs of Pituitary Disorders  
Webinar 7-17-2017  
Pituitary Network Association: [www.pituitary.org](http://www.pituitary.org)

Podcast posted 8/30/2016

<http://www.pituitaryworldnews.com/mental-and-emotional-health>

Linda Rio Hormones and Mental Health, YouTube. Presentation at the Pacific Neuroscience Institute. Published July 25, 2012.  
<https://www.youtube.com/watch?v=pBZGelRIIS0>

KCLU NPR Radio, Thousand Oaks, CA. Featured guest on “Emotional fitness”, with Dr. Barton Goldsmith, Ph.D., November 10, 2008, topic sex and relationships neuroendocrine aspects of sexuality.

KCLU NPR Radio, Thousand Oaks, CA. Featured guest on “Emotional Fitness”, with Dr. Barton Goldsmith, Ph.D., August 6, 2007, topic: Pituitary and neuroendocrine disorders.

KCLU NPR Radio, Thousand Oaks, CA. Featured guest on “Emotional Fitness”, with Dr. Barton Goldsmith, Ph.D., March 2004, February 2005, topic, eating disorders.

CNN (Cable News Network) “American Morning with Soledad O’Brian”, interview regarding *The Anorexia Diaries*, July 2003.

2003-2004 National (US) Radio tour of more than thirty shows including local and national radio shows promoting *The Anorexia Diaries*, and discussing issues including: family relationships, mother-daughter relationships, eating disorder identification and prevention, and resources for help.

"Women in the Power Years": Focus on Domestic Violence, with hostess Ann Palmer, July 1994. Guest professional for two cable TV shows dealing with the topic of domestic violence.

"Gold Coast Shows" KTIE TV: Featured guest on a 30 minute television show focusing on crisis management for adolescents and their families, 8-4-86.

"Child Abuse Reporting for Educators": Featured speaker in a 30 minute film produced to aid in training of administrators, teachers, and support staff as to issues and procedures in identification and reporting of child abuse in California. Film marketed statewide by Interface, Children & Family Services of Ventura County.

"Interface Video": Featured speaker in a promotional video, 1984, spotlighting programs and services of Interface, Children & Family Services of Ventura County. Video shown as public service on television and to audiences of business and professionals.

## **Print / Internet Media Publication**

2016

Pituitary disorders: The mental and emotional connection.

Podcast by Pituitary World News:

<http://www.pituitaryworldnews.com/mental-and-emotional-health/>

- 2005- 2013 Internet/website and column articles published on [www.pituitary.org](http://www.pituitary.org) and [www.raginghormones.org](http://www.raginghormones.org)
- 2007 KCLU, Emotional Fitness with Barton Goldsmith, Ph.D. “Pituitary and Neuroendocrine Disorders and Mental Health”
- 2006- 2013 Pituitary Network Association (PNA) [www.pituitary.org](http://www.pituitary.org)  
Monthly Columnist: “ Emotional Side of Pituitary and Hormonal Disorders”
- 2005 “Pituitary Disorders and the Role of the Marriage and Family Therapist”, AAMFT CA Division Newsletter
- 2003 Starving teens: A mother talks about her child’s bout with anorexia. *Tweens News*, November, p.10. New York.
- 2003 *The Star*, Ventura County, CA newspaper feature and interview with Linda M. Rio and Tara M. Rio.
- 2003 *The Independent*, United Kingdom article and interview with Linda M. Rio and Tara M. Rio
- 2003 *The Daily Record*, Scotland, interview with Linda M. Rio and Tara M. Rio.

### **Community Service/Volunteer Positions**

United Parents of Ventura County  
2015 25<sup>th</sup> Anniversary Committee Co-Chair  
2014 Fundraising Committee  
Pituitary World News: [www/pituitaryworldnews.org](http://www.pituitaryworldnews.org)  
Mental Health page coordinator

### **Professional Association Membership/Leadership**

American Association for Marriage and Family Therapy (AAMFT) Foundation  
2016 Development Committee  
American Association for Marriage and Family Therapy (AAMFT) –national  
Strategic Planning Task Force, Stage III 2014  
Judiciary Committee 2011-2013, Chairperson 2013  
Governance Task Force 2011-2013  
CDP Task Force, “Who Can Vote” 2009

American Association for Marriage and Family Therapy-California Division (AAMFT-CA)

San Fernando Valley District Leadership Team

Past-president 2010

President-California Division (CA-AAMFT) 2008-2009

President-elect 2006

Student Leadership Committee

San Fernando Valley District Leadership Committee 2007-2010

Contract Committee

Elections Committee 2000-2003

Pituitary Network Association (PNA)

Board of Directors 2006-2009

Chair: Mental Health Committee

Chair: Women's Hormonal Health Committee

"December in the Desert" 2006 Conference, Quadrant Leader

California Association of Marriage and Family Therapists (CAMFT)

Board of Directors: Secretary (1993-1995; 1995-1997)

California Association of Marriage and Family Therapists, Ventura Chapter (VC-CAMFT) President (1989-1991)

California Association of Marriage and Family Therapists, Ventura Chapter (VC-CAMFT) Vice-president (1988)

Association for Play Therapy (APT)

National Eating Disorders Association (NEDA)

International Association of Eating Disorders Professionals Foundation (iaedp)

### **Additional published work**

Online blog: <http://lindamrio.com/blog>

Rio, L. (2006-2008). Monthly online newsletter for The Pituitary Network Association.



Rio, L. (2009). AAMFT strategic planning involves many. The American Association for Marriage and Family Therapy, California Division News, vol.17 (2).

Rio, L. (2008-2009). The American Association for Marriage and Family Therapy, California Division News, President's columns for quarterly newsletter.

### **Speaking, Training/Teaching Engagements**

- 2017 California Association of Marriage & Family Therapists  
2017 Annual Conference, Santa Clara, CA  
“The Hormone Factor in Mental Health: Bridging the Mind-body Gap.”  
2.0hr
- 2017 California Association of Marriage & Family Therapists, Ventura Chapter  
“The Hormone Factor in Mental Health: Bridging the Mind-body Gap.”  
1.0hr
- 2015 California Lutheran University, Oxnard, CA Campus  
“Women, Hormones and Mental Health”  
Guest Lecturer: Nahed Steffani, Professor
- 2014 California Lutheran University, Oxnard, CA Campus  
“Gender, Hormones and Mental Health”  
Guest Lecturer: Nahed Steffani, Professor
- 2014 Brain Tumor Center at John Wayne Cancer Institute  
Pituitary & Brain Tumor Patient Support Group  
“The Hormone Factor in Mental Health”  
1.5 hr
- 2014 United Parents of Ventura County  
“Keeping it Cool: Going Back to School”  
Simi Valley Library  
1.5 hr
- 2014 Sovereign Healthcare  
“The Hormone Factor in Mental Health: Bridging the Mind-body Gap”  
Webinar: 1.0 hr
- 2014 United Parents of Ventura County  
“Disruptive Behavior Disorders in Children”  
In-service training  
1.5 hr

- 2014 New Beginnings Counseling  
Camarillo, CA  
“The Hormone Factor in Mental Health: Bridging the Mind-body Gap”  
1.5 hr.
- 2013 Phillips Graduate Institute  
Chatsworth, CA  
“Hormones and Mental Health”  
3.0 hr.
- 2012 American Association for Marriage and Family Therapy  
Annual Conference, Charlestown, SC  
“The Hormone Factor in Mental Health”  
2.0 hr.
- 2011 American Association for Marriage and Family Therapy,  
Ventura District, California Lutheran University, Oxnard Campus  
“Building Collaboration between the Mental Health and Medical  
Communities’  
1.0 hr.
- 2011 American Association for Marriage and Family Therapy Annual  
Conference, Ft. Worth, Texas  
“Hormones and Mental Health: An Emerging Role for Mental Health  
Professionals”  
2.0 hr.
- 2011 Pituitary Network Association  
02-09-2011 Webinar  
“Thoughts, Feelings, and Behavior: What does the Pituitary have to do  
with It?”  
1.0 hr.
- 2010 American Association for Marriage and Family Therapy, California  
Division, Inland Empire District  
Ranch Cucamonga, CA  
“Hormones and Mental Health: An Emerging Role for Mental Health  
Professionals”  
1.5 hr
- 2010 Neuroscience Institute and Brain Tumor Center at St. John’s Health  
Center, John Wayne  
Cancer Institute and the Pituitary Network Association

- Marina del Rey, CA  
“The Patients’ Perspective: Finding Timely Care & Psychosocial Support”  
“The Psychosocial Impact of Pituitary Tumors: Diagnosis and Treatment Options”  
2.0 hr.
- 2010 California Family Studies Center  
Canoga Park, CA  
“Hormones and Mental Health: An Emerging Role for Marriage and Family Therapists”  
3.0 hr.
- 2009 International Association of Eating Disorders Professionals  
Central Coast Chapter  
“Eating Disorders and the Neuroendocrine System: Is there a connection?”  
1.5 hr.
- 2009 The American Association for Marriage and Family Therapy: San Fernando Valley District  
Woodland Hills, CA  
“Bridging the Gap Between Physical and Emotional Health: Understanding Hormonal Disorders”  
1.5 hr.
- 2009 The Collaborative Family Healthcare Association Annual Conference  
San Diego, CA  
“Essentials of Pituitary, Neuroendocrine Disorders and Mental Health”  
Presented with Robert Knutzen, MBA  
2.0 hr.
- 2008 American Association for Marriage and Family Therapists Leadership Conference  
Memphis, TN  
“Chapter Development within AAMFT Divisions”  
2.0 hr.
- 2008 American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Memphis, TN  
“Hormonal and Mental Health: Essentials for Standards of Care”  
2.0 hr.
- 2008 Pituitary Network Association December in the Desert Conference  
Palm Desert, CA.  
“Hormones and Mental Health”  
.5 hr.

- 2008 CAMFT Thought Leader Workshops  
Los Angeles, CA  
“Bridging the Gap: Medical and Pituitary/Neuroendocrine Disorders”  
6.0 hr. workshop presented with a panel including Daniel Kelly, MD, neurosurgeon
- 2008 CPC Vista del Mar Hospital, Ventura, Ca  
Lunch and Learn Series for Professionals  
1 hr presentation for psychiatric inpatient facility  
“Hormones and Mental Health”  
1.0 hr.
- 2007 CAMFT Thought Leader Workshops  
Oakland, CA  
“Bridging the Gap: Medical and Pituitary/Neuroendocrine Disorders”  
6.0 hr. panel including Sandeep Kunwar, MD, neurosurgeon
- 2007 AAMFT Annual Conference, Long Beach, CA  
“Bridging the Gap between Medical and Mental Health”  
3 hr.
- Simi Valley Free Clinic, Simi Valley, CA  
“Hormones and Mental Health”  
2 hr. presentation for mental health professionals and trainees
- 2006 Pituitary Network Association December in the Desert Conference,  
Rancho Mirage, CA  
Multidisciplinary conference for physicians, patients and family members  
“Obesity and Neuroendocrine Disorders: Mental Health Aspects”  
.5 hr.
- 2006 California Association of Marriage & Family Therapists (CAMFT-VC)  
Ventura Chapter  
“Hormones and Mental Health: An Emerging Role for MFT’s”  
1.5 hr.
- 2007 California State University Channel Islands, Guest Lecturer  
“Eating Disorders Identification and Treatment”  
Thomas Carver, Professor, undergraduate program  
2.0 hr.
- 2006 California Lutheran University, Guest Lecturer  
“Psychotherapy with Children and Families from a Developmental  
Perspective”  
Miriam Hamedah, Ph.D, Professor, Graduate Developmental Psychology  
course

- 2.0 hr.
- 2006 California Association of Marriage and Family Therapy-Ventura County  
 “Pituitary and Hormonal Disorders: A Role for Mental Health Professionals”  
 1.5 hr.
- 2006 December in the Desert, Rancho Mirage, CA  
 Pituitary Network Association (PNA)  
 Conference for physicians, patients and family members  
 “Psychological Aspects of Obesity and Neuroendocrine Disorders”  
 .5 hr.
- 2006 American Association for Marriage and Family Therapy-CA  
 “Benefits of Membership in State and National Organization”  
 1.0 hr.
- 2006 American Association for Marriage and Family Therapy-CA  
 San Fernando Valley District  
 “National Legislative Efforts Update”  
 1.0 hr.
- 2005 University of California Los Angeles  
 Pituitary and Neuroendocrine Program  
 Pituitary Patient Support Group  
 Sharmyn McGraw, Facilitator  
 “Body and Mind Awareness Skills for Trauma of Pituitary Disorders”  
 1.5 hr.
- 10-26-05 Moorbrook Institute, Camarillo, CA  
 Lynn Jones, Ph.D., Director  
 “Eating Disorders”  
 1.5 hr.
- 3-7-05 Border’s Books: Woodland Hills  
 Book signing event for Eating Disorders Awareness Week  
  
 Panel Discussion with Julie Stark, M.D., Carolyn Costin, M.A.  
 “Eating Disorders”
- 2-27-05 KCLU: Fitness Friday Radio Show with Barton Goldsmith, Ph.D.  
 “Eating Disorders”  
 1.0 hr. show
- Fall 2004 Instructor: Graduate School of Psychology California Lutheran University  
 PSY 542, Principles and Techniques in Couple Therapy

- 5-23-04 California Play Therapy Association  
California State University, Northridge  
“Play Therapy Techniques”
- 3-15-04 Association for Play Therapy, Southern California  
California State University Northridge  
“My Family as Animals” Sand Tray Technique”
- Spring 2004 Instructor: Graduate School of Psychology California Lutheran University  
PSY 543, Family Therapy
- 3-2-02 Creative Options Annual Conference of AAUW  
California Lutheran University  
“Children and Divorce”
- 3-13-02 New Beginnings Counseling Center  
“7 Habits of Highly Effective Families”  
2.0 hr.
- 4-10-02 New Beginnings Counseling  
“Play Therapy in the Playroom”  
6.0 hr.
- Fall 2001 California Lutheran University  
PSY 542: Principles and Techniques of Couple Therapy
- 06-08-01 New Beginnings Counseling  
“Play Therapy in the Playroom”  
6.0 hr.
- 5-12-01 California Association of Marriage and Family Therapist, Ventura Chapter  
Business and Marketing Conference  
“Business Strategies by a Successful MFT”  
2.0 hr.
- Fall 2000 Instructor: Graduate School of Psychology, Marital Therapy, Child  
Therapy, 560, C: California Lutheran University, Thousand Oaks, CA
- 11-2000 Ventura Chapter CAMFT Intern Forum: Keynote Panel of Presenters  
“Supervision for the MFT”
- 11-2000 Ventura Chapter CAMFT  
“A Treatment Model: Sexual Trauma”  
Presented with Barbara St.Amand, M.A.  
6.0 hr.
- 10-2000 “Through A Child’s Eyes, A Child Play Therapy Presentation”

Interface, Children & Family Services Professional Training Series  
6.0 hr.

- Fall 2000 California Lutheran University  
Instructor: Graduate School, Dept. of Marriage and Family Therapy  
Course: Marital Therapy and Child Therapy
- 9-2000 “Play Therapy in the Playroom”  
New Beginnings Counseling Center  
6.0 hr.
- 8-2000 Marine Spill Response Corporation  
Port Hueneme, CA, Training provided on contract with MenningerCare  
Systems  
“Sexual Harassment in the Workplace”  
2.0 hr.
- 5-2000 Interface, Children & Family Services of Ventura County  
“Treatment Model for Treatment of Sexual Trauma”  
6.0 hr.
- 3-2000 “Children and Adolescents and Sexual Trauma”  
Interface, Children & Family Services, Ventura County, CA  
Professional training for licensed and pre-licensed therapists
- 3-2000 Pepperdine University  
Dr. Clarence Hibbs, Ph.D., professor, Graduate level class  
“Realities of Private Practice: Managed Care in the Real World”
- 2-2000 Interface, Children & Family Services, Ventura County, CA  
Speaking with Barbara St. Amand, M.A., MFT  
“Sexual Abuse Training: A Trauma Model for the Treatment of Sexual  
Abuse”  
6.0 hr.
- 1-2000 California Association of Marriage and Family Therapist, Ventura Chapter  
Keynote Panel for Annual Intern Forum  
“Issues for Marriage and Family Therapy”
- 6-1999 Procter & Gamble, Corp.  
Oxnard, CA  
“New Hire” Employee Assistance Program Training for the Newly  
Employed
- 3-1999 Pepperdine University  
Dr. Clarence Hibbs, Ph.D., professor

Graduate class  
“Realities of Private Practice: Managed Care in the Real World”

- 3-1999 California Lutheran University, Thousand Oaks, CA  
Creative Options Conference for Women  
“Second Sexual Revolution”
- 2-1999 Procter & Gamble, Corp.  
Oxnard, CA  
“Effective Management Intervention and Referral: Employee Assistance Program Utilization”
- 2-1999 California Lutheran University  
Ventura Chapter California Association of Marriage & Family Therapists:  
Intern Forum  
Keynote Address: “Clinical Supervision: Important Information for Pre-licensed Professionals”
- 7-1997 “Achieving Good Mental Health in Stressful Times”  
Stress Management Workshop  
Ventura, CA